| 8 | 9-10 | 11 | 12 | 13-14 | 15-16 | 17-19 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 10 | 12 | 14 | 14 | 18 | 22 | 22 |
| 5 | 7 | 9 | 9 | 11 | 11 | 11 |
| 50\% | 50\% | 50\% | 50\% | 50\% | 50\% | 50\% |
| $25 \times 2$ | $25 \times 2$ | 30x2 | $30 \times 2$ | $35 \times 2$ | 40x2 | $45 \times 2$ |
| 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| 3 | 4 | 4 | 4 | 5 | 5 | 5 |
| Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| No | No | No | No | Yes | Yes | Yes |
| No | Yes | Yes | Yes | Yes | Yes | Yes |
| Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| No | Yes | Yes | Yes | Yes | Yes | Yes |
| 3 | 7 | 7 | 7 | 10 | 10 | 10 |
| 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Yes | No | No | No | No | No | No |
| No | Yes | Yes | Yes | Yes | Yes | Yes |
| No | Yes | Yes | Yes | Yes | Yes | Yes |
| No | No | Yes | Yes | Yes | Yes | Yes |
| No * | No * | Yes | Yes | Yes | Yes | Yes |
| No | No | No | No | Yes | Yes | Yes |
| 30x40 | 60-70x40-50 | 70-80x45-55 | 70-80x45-55 | 100-115x50-75 | 100-115x50-75 | 100-115x50-75 |
| 3 | 8 | 8 | 8 | 10 | 10 | 10 |
| No | $12 \times 24$ | 36X14 | 36X14 | $44 \times 18$ | $44 \times 18$ | $44 \times 18$ |
| $8 \times 3$ | $8 \times 4$ | 16X5 | 16X5 | 20x6 | 20x6 | 20x6 |
| No | 10 | 10 | 10 | 12 | 12 | 12 |
| 6x8 | 12-18x6 | $18 \times 6$ | 18x6 | 24x8 | 24x8 | 24x8 |
| Halfway line** | Midpoint** | Midpoint** | Midpoint** | None | None | None |

*Referee may ask players to exit field when necessary
**Midpoint between top of penalty area and halfway line
***Summer Recreational League plays 30 min halves for U11 and older
****Substitutions may be made at any stoppage of play with permission of the referee

## BUILDOUT LINE

## PURPOSE

Use of the buildout line promotes playing the ball out of the back in a less pressured setting
For more information on the buildout line, please visit www.ussoccer.com

## APPLICATION

Goal-kick. The opposition can enter the buildout area as soon as the ball leaves the penalty box
GK in possession with his or her hands. The opposition can enter the build out area as soon as the goalkeeper puts the ball into play. EX-If the goalkeeper makes a save and is in possession with his or her hands, the opposition must retreat behind the buildout line until the goalkeeper puts the ball on the ground and the ball is in play.

